

Standing Committee Nomination Form 2026

First Nomination Nomination for re-election

This nomination is for:
(tick one box only) PLEASE USE **ONE FORM PER NOMINATION**

Public Health Committee **Science Committee**

DOCUMENTATION REQUIRED

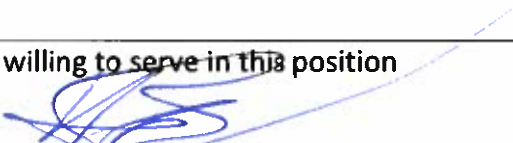
Written presentation from the Nominee in English (Maximum 350 words for Standing Committees)

Included

Curriculum Vitae (CV) / personal record in English in a Word format


Included

NOMINEE'S INFORMATION

Title: Dr
Name: Heming Olsen-Bergem
Address: Engelsrudlia 51, 1385 Asker, Norway
Member Association: Norwegian Dental Association
The nominee declares that he/she is willing to serve in this position <input checked="" type="checkbox"/> Yes Signature 



NOMINATING ASSOCIATION/ORGANIZATION'S INFORMATION

Name of the Association/Organization Norwegian Dental Association
Name of Official representing this Association/Organisation (President/NLO/President-elect). The Nominee may not nominate himself/herself. Anne Farseth
Position of Official Secretary General
Signature 

To be eligible for election to a standing committee, nominees should meet the specific criteria for each committee listed below. Please tick the boxes below if the corresponding criteria are met.

Public Health Committee

A post-graduate academic qualification in dental public health or preventive and community dentistry is an asset. Please tick this box if applicable

- Able to communicate effectively in English, verbally and in writing
- Documented knowledge and work experience in dental public health c.q. oral health promotion and disease prevention
- In depth knowledge and documented experience relevant to areas of dental public health, such as disease prevention, fluorides, oral cancer, tobacco, nutrition, disease risk factors and health promoting behavioural aspects, community oral health etc.
- Documented experience in aspects of oral health development projects, such as developing, implementing, managing and evaluating these projects
- Experience in the development, implementation and evaluation of community-based projects and programs, including awareness, education and promotion, for different types of population.
- Experience in policy formulation and advocacy at highest levels in the field of (dental) public health and/or in high level decision making in international or national (dental) organisation
- Experience in epidemiology or public health research
- Contacts (network) of internationally renowned dental scientists or key health decision makers
- A successful candidate evaluation results (in case of nomination for re-elections)



Science Committee Note: *for Science Committee, a mix of members with expertise from different areas is important. There is currently a need for a candidate with experience in the field of dental materials or periodontology.*

- X Able to communicate effectively in English verbally and in writing
- X Post-graduate scientific qualifications
- X A substantial record of publications in scientific journals especially dental
- X Experience in the management of scientific projects
- X Knowledge of the principles and practice of evidence-based dentistry
- X Contacts (network) of internationally renowned dental scientists
- A successful candidate evaluation results (in case of nomination for re-election)

CLOSING DATES FOR NOMINATIONS FOR STANDING COMMITTEES: 11 May 2026

This form must be signed and returned **by email** to:

Ms Djerdana (Gina) Ivosevic at divosevic@fdiworldddental.org
with copy to Ms Maria Kramarenko mramarenko@fdiworldddental.org

Letter of motivation for Heming Olsen-Bergem, NOR DA

I am writing to express my strong motivation to contribute with my expertise and experience in a context where comprehensive health perspectives are essential. I currently hold a scientific position at the University of Oslo, as well as within the Norwegian Armed Forces Medical Services. These roles have provided me with a unique interdisciplinary platform, allowing me to bridge academic research and applied medical practice in both civilian and military settings.

Through my work, I have developed a deep understanding of oral health as an integral and inseparable component of general health. Oral conditions are not isolated issues; they are closely linked to systemic diseases, overall well-being, and quality of life. I am particularly committed to advancing the One Health perspective, where human health is understood in connection with broader biological and environmental systems. In this framework, oral health plays a critical, yet often underrecognized, role.

This interconnected perspective becomes especially evident in preparedness and emergency response efforts. My experience within the Armed Forces Medical Services has highlighted how essential a holistic approach to health is, both in times of peace and during crises. Effective preparedness requires acknowledging that health systems must function as cohesive units, where all aspects—including oral health—are integrated into planning, response, and recovery strategies.

I am motivated by the opportunity to contribute knowledge that strengthens this holistic understanding of health. I believe my combined academic and military background positions me well to make meaningful and cooperative contributions in this regard within the total scope of FDI's mission. I am highly cooperative, and will be able to support the other committees anchoring current and new topics within science.

I am also very happy to say I have my Norwegian Dental Association supporting both me, the committee and FDI.

Thank you for considering my application.

Short CV Heming Olsen-Bergem

Education

Dentist, 1997, University of Oslo

Oral and maxillofacial surgeon and sub-specialization in oral medicine 2005, Univ Oslo/OUS Hospital

PhD 2015 Juvenile idiopathic arthritis and TMJ involvement

Work

2015 – Today Assoc Professor Univ of Oslo

2026 – Today Head of Institute for medical development and research, NOR AF Joint Medical Services

2019 – 2022 Head of Health Register and Dept of military medicine, NOR Armed Forces Joint Medical Services

2005-2015 Assist Professor, Univ of Oslo

2006-2019 OMS at National Hospital, Oslo and Drammen Hospital, ENT dept

2012-Today OMS at NOR Joint Medical Services at NOR Armed Forces

2019-2022 Head of Dept Military Medicine and Epidemiology, NOR Joint Medical Services

2005- private max fac surgery, part-time

Association

2022- President, NOR Dental association

2019-2021 Vice President, NOR Dental Association

2015-2019 Board Member, NOR Dental Association

2009-2015 Leader, NOR OMS Association

2005-2009 Scandinavian Board of ITI

Lectures/Presentations

I am currently giving lectures at the University (dental hygienists, dentist, dental specializations, medicine and ENT-medical) in oral medicine, OMS, pain, general medicine, and prehospital medicine.

Research

I am currently involved in research projects in military medicine (extreme weather influences incl oral health, cancer development, hypothermia, audiometry, prehospital medicine, but also oral health among soldiers, including mucosal diseases, teeth problems, soft drink usage and consequences, pain, trauma, and stress-related oral problems) which are multicenter studies in progress (data collecting period).

Outside military medicine I am currently doing epidemiologic research on mental disorders and oral health.

I have a broad interest in the connection between oral health/oral disease and general health/general disease, in general, and also, following up on my PhD, in TMJ/Muscle pain. My PhD was partly clinical, partly immunology/microbiological.

Some Publications

1. Olsen-Bergem, Heming; Bjørnland, Tore.

Hematological considerations. I: Nordic Textbook of Oral and Maxillofacial Surgery. Munksgaard Forlag 2021 ISBN 978-87-628-2012-8. p. 61-75

UiO

2. Giltvedt, KM; Bjørnland, Tore; Olsen-Bergem, Heming.

Hvordan håndtere pasienter med økt blødningsrisiko/How to deal with patients with anti-coagulation treatment. Den norske tannlegeforenings tidende 2020 ;Volume 130. p. 318-324

UiO

3. Lund, Bodil Kristina; Ulmner, Mattias; Bjørnland, Tore; Berge, Trond Inge; Olsen-Bergem, Heming; Rosén, Annika.

A disease-focused view on the temporomandibular joint using a Delphi-guided process. Journal of Oral Science 2020 ;Volume 62.(1) p. 1-8

4. Eliassen, Morten; Hjortsjö, Carl; Olsen-Bergem, Heming; Bjørnland, Tore.

Self-exercise programmes and occlusal splints in the treatment of TMD-related myalgia – Evidence-based medicine?. Journal of Oral Rehabilitation 2019 p. 1-7

UiO

5. Jokstad, Asbjørn; Bjørnland, Tore; Dahl, Bjørn L.; Hansen, Torbjørn Leif; Hjortsjö, Carl; Heggem Julsvoll, Elisabeth; Mo, Arild; Olsen-Bergem, Heming; Robinson, Hilde Stendal; Skeie, Marit Slåttelid.

Diagnostiske kriterier for temporomandibulære forstyrrelser/TMD Diagnostic criteria:

Vurderingsverktøy: Norwegian. Version 28Apr2019. <https://ubwp.buffalo.edu/rdc-tmdinternational/tmd-assessmentdiagnosis/dc-tmd/dc-tmd-translations/>: International Network for Orofacial Pain and Related Disorders Methodology 2019 65 p.

6. Skjerven, Henrik; Olsen-Bergem, Heming; Rønold, Hans Jacob; Riis, Ulf Harald; Ellingsen, Jan Eirik.

Comparison of postoperative intraoral scan versus cone beam computerised tomography to measure accuracy of guided implant placement—A prospective clinical study. Clinical Oral Implants Research 2019 ;Volume 30.(6) p. 531-541

7. Olsen-Bergem, Heming; Kristoffersen, Anne Karin; Bjørnland, Tore; Aas, Jørn Arne.

Is it possible to contaminate the temporomandibular joint by arthrocentesis?. Oral Surgery 2018 ;Volume 11.(3) p. 183-188

8. Bjørnland, Tore; Olsen-Bergem, Heming.

Revmatoid artritt i kjeveleddet – nytt om etiologi og behandling/Rheumatoid arthritis in the TMJ – recent development on etiology and treatment . Aktuell Nordisk odontologi 2017 ;Volume 42. p. 76-82.

9. Mo, Arild; Hjortsjø, Carl; Olsen-Bergem, Heming; Jokstad, Asbjørn.

Maxillary 3-implant removable prostheses without palatal coverage on Locator abutments – a case series. Clinical Oral Implants Research 2016 ;Volume 27.(10) p. 1193-1199

10. Olsen-Bergem, Heming; Kristoffersen, Anne Karin; Bjørnland, Tore; Reseland, Janne Elin; Aas, Jørn Arne.

Juvenile idiopathic arthritis and rheumatoid arthritis: Bacterial diversity in temporomandibular joint synovial fluid in comparison with immunological and clinical findings. International Journal of Oral & Maxillofacial Surgery 2016 ;Volume 45.(3) p. 318-322

11. Olsen-Bergem, Heming; Bjørnland, Tore; Reseland, Janne Elin.

Temporomandibular joint pain is negatively correlated to TNF alpha and osteoprotegrin content in synovial fluid in patients with juvenile idiopathic arthritis.. Endocrinology & Metabolic Syndrome 2015

12. Bergem, Heming Olsen; Bjørnland, Tore.

A cohort study of patients with juvenile idiopathic arthritis and arthritis of the temporomandibular joint: outcome of arthrocentesis with and without the use of steroids. International Journal of Oral & Maxillofacial Surgery 2014 ;Volume 43.(8) p. 990-995

13. Bergem, Heming Olsen.

intraarticular lavage and local steroid injections in the temporomandibular joint (TMJ) in juvenile idiopathic arthritis (JIA). EUROTMMJOINT; 2013-04-11 - 2013-04-12

14. Bergem, Heming Olsen; Bjørnland, Tore.

MAY ARTHROCENTESIS OF THE TEMPOROMANDIBULAR JOINT (TMJ) IN JUVENILE IDIOPATHIC ARTHRITIS PROVE TO BE AS GOOD AS INTRAARTICULAR GLUCOCORTICOID INJECTIONS?. Forskningsdagen; 2013-05-29 - 2013-05-29

15. Bjørnland, Tore; Bergem, Heming Olsen.

Verdt å vite om implantatbehandling/What you need to know in dental implantology. NTFs landsmøte; 2012-10-10 - 2012-10-13

16. Lein, Ingvild Årøen; Støre, Geir; Bergem, Heming Olsen; Berge, Trond Inge.

Mjukvevskirurgi i allmennpraksis/soft tissue surgery in private practices. Den norske tannlegeforenings tidende 2012 ;Volume 122.(9) p. 684-696

17. Øyri, Hauk; Skjelbred, Per; Bergem, Heming Olsen.

Botulinumtoksin - en oversikt over mulige bruksområder innen oral og maxillofacial kirurgi/botulinum toxins and their possible use in maxillofacial surgery. Den norske tannlegeforenings tidende 2012 ;Volume 122.(7) p. 516-520

18. Bergem, Heming Olsen; Bjørnland, Tore.

Effect of arthrocentesis and local steroid injections in the temporomandibular joint in juvenile idiopathic arthritis. American association of oral and maxillofacial surgeons annual meeting; 2011-09-13 - 2011-09-18

UiO

19. Bergem, Heming Olsen; Bjørnland, Tore.

Is arthrocentesis of the temporomandibular joint(TMJ) in juvenile idiopathic arthritis as good as intraarticular glucocorticoid injections?. ISIAT; 2011-10-05 - 2011-10-09

20. Jensen, Janicke Cecilie L; Bergem, Heming Olsen; Gilboe, Inger-Margrethe; Husby, Gunnar Andreas; Axell, Tonny.

Oral and ocular sicca symptoms and findings are prevalent in systemic lupus erythematosus. Journal of Oral Pathology 1999 ;Volume 28. p. 317-322

21. Pedersen, A.M.; Reibel, J.; Nordgarden, Hilde; Bergem, Heming Olsen; Jensen, Janicke Cecilie L; Nauntofte, Birgitte.

Primary Sjögren's syndrome: salivary gland function and clinical oral findings. Oral Diseases 1999 ;Volume 5. p. 128-138