

Standing Committee Nomination Form 2025

| | First Nomination | \square | Nomination | for re | -election | |
|---|----------------------------|-----------|------------|-------------|---------------------------|--|
| This nomination is for: (tick one box only) PLEASE USE ONE FORM PER NOMINATION | | | | | | |
| | Membership Liaison and Sup | oport Co | ommittee | | Dental Practice Committee | |
| | Education Committee | | | \boxtimes | Science Committee | |
| DOCUMENTATION REQUIRED Written presentation from the Nominee in English (Maximum 350 words for Standing Committees) Included | | | | | | |

Curriculum Vitae (CV) / personal record in English in a Word format

Included

NOMINEE'S INFORMATION

| Title: | Dr | | | | |
|---|--|--|--|--|--|
| Name: | Samira Osailan | | | | |
| Address: | | | | | |
| 462 | 1 Abdulllah ibin Hafas Ibin Anas, 42383 Madinah Almunwarah , Saudi Ararbia | | | | |
| Member Association: Saudi Dental Society | | | | | |
| The nominee declares that he/she is willing to serve in this position | | | | | |
| Yes | Signature | | | | |

NOMINATING ASSOCIATION/ORGANIZATION'S INFORMATION

Name of the Association/Organization



Saudi Dental Association

Name of Official representing this Association/Organisation (President/NLO/President-elect). The Nominee may not nominate himself/herself. Dr Ziyad Allaham

Position of Official

President and NLO

Signature

To be eligible for election to a standing committee, nominees should meet the specific criteria for each committee listed below. Please tick the boxes below if the corresponding criteria are met.

Membership Liaison and Support Committee

Able to communicate effectively in English, verbally and in documents

Documented knowledge and experience of working within a national or international organization

Documented knowledge and experience in promotion of health policies of writing, printing and/or publishing

Networking and communication skills

A successful candidate evaluation results (only in case of nomination for re-election)

Dental Practice Committee

Able to communicate effectively in English, verbally and in writing

Documented knowledge and experience of clinical dental practice

Experience in the management of projects related to dental practice

Knowledge in areas relevant to the practice of dentistry, such as dental and professional legislation, ethics, practice management, working within a dental team,

education, community oral health, etc...

Experience in policy formulation, management and advocacy in the field of dental practice

A successful candidate evaluation results (in case of nomination for re-election)

Education Committee

Able to communicate effectively in English, verbally and in writing

Documented knowledge and experience in organising continuing education programmes for dental practitioners, lecturing experience, and knowledge of educational



and training methods

- A record of attendance/participation of international dental congresses
- Contacts (network) of internationally renowned dental scientists and speakers
- A successful candidate evaluation results (in case of nomination for re-election)

Science Committee Note: for Science Committee, a mix of members with expertise from different areas is important. There is currently a requirement for candidates with experience in the fields of radiology, gerodontology / general dentistry and periodontology.

- Able to communicate effectively in English verbally and in writing
- Post-graduate scientific qualifications
- A substantial record of publications in scientific journals especially dental
- Experience in the management of scientific projects
- Knowledge of the principles and practice of evidence-based dentistry
- Contacts (network) of internationally renowned dental scientists
- A successful candidate evaluation results (in case of nomination for re-election)

CLOSING DATES FOR NOMINATIONS FOR STANDING COMMITTEES: <u>14 May</u> 2025

This form must be signed and returned preferably by email to:

Ms Djerdana (Gina) Ivosevic at <u>divosevic@fdiworlddental.org</u> with copy to Ms Maria Kramarenko <u>mkramarenko@fdiworlddental.org</u> or **by fax** at +41 (0)22 560 8140



Dr Samira Osailan Email:samiraosailan1412@g mail.com Twitter @DrSamiraOsailan Facebook: <u>samira.osailan@yahoo.com</u> Instagram: dr.samira_osailan

Letter of motivation

I am highly educated academic person and have many publications. I am very active in organizing Continuing Education Programme (CEP) in my area. I have being doing that for 11 years. I have experience in the management of scientific projects by supervising postgraduate/ interns students and doing research. I have the Knowledge of the principles and practice of evidence-based dentistry through out my teaching and being a member in of evidence-based education society. I also have contacts (network) of internationally renowned dental scientists via being member in many organisation like IADR, ADA and others. I think if I get the position in the Science committee I will expand my scientific participation nationally and internationally. I will do these events will within the frame of the FDI continuing education and with a very high standard of lectures & workshops given by expert speakers locally and regionally (Middle East). This will help to facilitate exchange experience between senior dentist, knowledge transfer & empower young dentists, more important to give an equal access to the highest quality resources among FDI member national dental associations.

I have pretty good have contacts (network) of internationally renowned dental scientists. Also good contacts with the local representative of the biggest dental/pharmaceutical companies, which, might help to get, research support.

I think from my role as vice president and Chairman of the Western Region Committee for the Saudi Dental Society, can play a very important role in facilitate networking among dental scientists.

Curriculum Vitae & Personal Stament Dr Samira M Osailan

.

PhD, MFD RCSeng, MSc, BDS, MA in Edu

Mobile/SA : + 966 505656274 @DrsamiraOsailan Email: samiraosailan1412@gmail.com OR samira.osailan@yahoo.com Twitter:

Facebook: samiraosailan Linkedin: smosailan@kau.edu.sa

Educational Degrees

- 1) PhD (2005) "Use of Saliva as a Monitor of Recovery from Ductal Obstruction", Department of Oral & Maxillofacial Surgery, Dental Institute, Kings College London. UK
- 2) Fellowship (MFDS) (2007), Royal College of Surgeons in England.
- 3) MSc (1996) in Oral and Maxillofacial Surgery, College of Dentistry, King Saud University.
- 4) Fellowship in Implantology (2013), Deutsche Gesellschaft für Zahnärztliche Implantologie e.v. Germany.
- 5) MA in Education (2010), Institute of Higher Education, Kings College London.
- 6) Fellow at the Higher Education Academy (2010).
- 7) Certificate in Public Relations (2009), Leeds. UK
- 8) Certificate in Professional Communications & Media Programmes (2008), Limkokwing University of Creative Technology.
- 9) Bachelor of Dental Surgery (1990), College of Dentistry, King Saud University.

Professional Experiences

1. Professional Skills

Leadership skills

- In my role as Chairman of the Western Region Committee for the Saudi Dental Society, I lead a team of young dentists from a number of dental institutes across Jeddah. Together, I organise monthly scientific lectures and workshops for dentists as professional development support. As well as annual conference.
- As Director and Founder of the CPR centre at KAUFD, I established the centre to provide in-house Basic Life Support, First Aid and Heart Saver courses for all staff and students at KAUFD, thereby facilitating better quality patient care at our institute.
- My additional leadership positions include my role as Head of the Staff Development Unit and OSCE Leader at KAUFD.

Community work

• I am actively involved in work within the local community by organising and participating in many campaigns to increase the awareness of oral health within Jeddah. Examples of this include oral health screening for orphans and children with special needs, as well as raising awareness of oral health as part of the SDS team during Gulf Oral Health Week, among others.

Public speaking

In addition to being a regular participant in scientific activities in Jeddah, I regularly
present lectures at a national and international level. Additionally, I have familiarity
being interviewed in media and television such as BBC & Sky news and Saudi TV. I
hold an official Certificate in communication & media & public speaking as result of
my position in the Saudi Dental Society.

2. Educational experience

Quality assurance/ policy & procedure

- I am heavily involved in quality assurance of the education process in both undergraduate and postgraduate degree programs. I am Also expert in writing policy & procedure or improve an exciting one. Through my positions as member of the NCAAA team (2013-2017) and member of the CODA team (2013-2019), I played a vital role in the accreditation process at KAUFD.
- Furthermore, part of my role as Head of the Skills Enhancement Unit (SEU) for KAUFD staff is to ensure the quality of the teaching, learning and assessment provided by staff through various workshops.

3. Teaching Experience

- Expert clinical educator. My roles include:
 - Preparing lectures, seminars and tutorials
 - Developing and reviewing the quality of written assessments, including multiple choice questions, extended match questions, and objective structured clinical examinations (OSCEs)
 - $\circ\;$ Interacting with students in order to obtain feedback to improve the learning experience.
- Expert in conducting OSCE assessments.
- Supervisor of future dentists and research assistants.
- Experience in team building and management, supervision, and appraisal.
- Experience in strategic planning.
- Experience in organizing and conducting different workshops in my area of expertise including "Train the Trainer".

Assessment

- Among my duties is to ensure high quality of the assessments we provide. I have done so through establishing the OSCE at KAUFD from scratch, thereby developing a high quality examination of international standards.
- Both of the units I chaired received commendation by the accreditation judges in both the NCAA and CODA.

Curriculum review

• As a member of Curriculum Review Committee at KFU, we transformed the curriculum from a traditional approach to a more integrated one. Additionally, through collaboration with other healthcare colleges, we worked towards implementation of inter-professional education into our dental program.

4. Research Experience

- Author and has more than 22 publications mainly in ISI journals (see appendix).
- Expert reviewer of ISI in journals & reviewed more than 20 articles (see appendix).
- Research experience in several different areas. These include salivary gland disease, cell reservation, nerve injury, local anaesethia, bone grafts and bone cells.
- Holder of the home office license to perform experimental research on animals.
- Principle investigator of a project entitled "Understanding of the dry mouth condition" funded by GSK.
- Competent in different laboratory analyses such as salivary flow rates measurement, total protein assay, acinar and ductal cell marker assays, protein electrophoresis, ion

level measurement (direct potenimetery), and processing and presenting data using statistical software.

• During the Master degree course at KSU, I undertook an experimental project entitled "Application of Demineralized Purified Bovine Bone Graft in Craniomaxillofacial Deformities", enabling me to read and analyze skull radiographs extensively after different periods of time in addition to the histological analysis of bone samples.

I supervised KAUFD interns in many research projects:

- 1) Assessment of prescription writing among dental undergraduate students and interns in KAUFD (2013).
- 2) Tooth extraction education at KAUFD (2013).
- 3) Suturing techniques teaching at KAUFD (2013).
- 4) Treatment modalities of orbital floor fracture: a multi-centred study in the western region of Saudi Arabia (2014).
- 5) Assessment of high-risk mandibular third molars in relation to inferior alveolar nerve (2014).
- 6) Knowledge and behavior of dental professionals in managing patients with infectious diseases (2015).
- 7) What is the favorite method of assessment / examination of dental students? (2016).
- 8) What are the duties and the rights of dentists in Saudi Arabia? (2016).
- 9) What are the reasons of implant failure according to Dentist opinion? (2016).
- 10) Botox and dermal fillers done by dentists, is it right or wrong? (2017).
- 11) The use of simulation and virtual reality in dental education (2019).

5. Work Experience

2013 to 2024

- Oral & Maxillofacial Consultant, Assistant Professor at King Abdulaziz University Faculty of Dentistry (KAUFD).
- Founder and Director of the CPR center at KAUFD.
- Head of Staff Development Unit.
- Established OSCE at KAUFD and chair person from 2014-2019.
- Chairperson of the Western Region Committee for the Saudi Dental Society.
- Board member of the Saudi Medical Education Society Western Region.
- Executive board member in many committees & societies (see later).

2010-2012

- Academic/Undergraduate Teaching Lead of Oral & Maxillofacial Surgery Department, Dental Institute King's College London.
- Other duties include outpatient clinic and operating room during the week.
- Part-time staff member at the salivary research unit.

2008-2010

• Clinical lecturer at Dental Institute King's College London

2005-2008

- Senior registrar (full time) at Oral & Maxillofacial Surgery Department, Dental Institute King's College London.
- Principal investigator (PI) of two projects on salivary glands disease).

2001-2005:

• Obtained Clinical PhD in Oral Maxillofacial Surgery, also become sub-specialised and expert in salivary gland disease.

1997-2000

• Oral & Maxillofacial Surgery specialist at King Fahad Hospital, Jeddah.

1992-1997

- Five years Residency Programme at King Saud University which included medical training in ENT, GA, GS, and others.
- Advanced clinical training abroad at the Maxillofacial Surgery Department at Alexandria University, Alexandria, Egypt.

1990-1992

• Senior House Officer, Department of OMFS, King Fahad Hospital, Al-Medinah.

Memberships & Committees

- Vice president of Saudi Dental Society
- Executive Board Member of NCAAA & CODA team at KAUFD
- Board member supporting health care society
- Board member Saudi Society for Medical Education (SSME-WR)
- Saudi Society for Health Care Volunteer (SSHCV)
- Saudi British Society (SBS)
 Member of the following committees and societies
- Ethical and Professionalism Committee at KAUFD
- Curriculum review committee at KCL
- Research Committee at KAUFD
- Association for Dental Education in Europe (ADEE)
- IADR, International Association Dental Research (IADR)
- British Society of Dental Research (BSDR)
- British Association of Oral & Maxillofacial Surgery (BAOMS)
- British Dental Association (BDA)
- European Salivary Gland Society (ESGS)
- Society for the Advancement of Anesthesia in Dentistry (SAAD)
- Chatham House
- Middle East Association (MEA)
- Saudi Arabia Women Association (SAWA)

APPENDIX

A. Publications

- 1. Nada Binmadi, Maha Alsharif, Soulafa Almazrooa1, Suad Aljohani, Sara Akeel, **Samira Osailan**, Muhammad Shahzad, Wael Elias, Yasmin Mair. Perineural Invasion is a Significant Prognostic Factor in Oral Squamous Cell Carcinoma: A Systematic Review and Meta-analysis. Submitted to fronties.
- 2. Samira osailan. Subjective score for oral dryness (SSOD). Journal of Medical Science. (2022). Vol 26, issue 123, (2022).
- 3. **Samira Osailan**. The efficiency of Articaine only buccal infiltration technique as alternative local anaesthesia technique to inferior alveolar nerve block. Journal of Medical Science, 26, 1-8 (2022)
- 4. **Samira M Osailan** et al . Different Treatment Modalities of Displaced Implants into the Maxillary Sinus: A Systemic Review. Annals of Medical and Health Sciences Research | Volume 11, Issue S6 December 2021
- 5. **Samira M. Osailan**. Knowledge and Attitude towards Antibiotics Prescription and Antimicrobial Resistance among Dental Surgeons in Saudi Arabia . Journal of Pharmaceutical Research International. 33(52B): 96-104, 2021.
- Abdulhamid Alshami , , Samira M. Osailan , Khames T. Alzahrani Comparison of Bone Morphogenic Proteins' and Platelet Rich Fibrins' Effectiveness in Socket Preservation. Journal of Pharmaceutical Research International . 33(59B): 719-727, 2021; Article no.JPRI.80925 .
- 7. **Samira Osailan.** Botox and dermal fillers in dental clinic: training and practice assessment. Annals of Dental Specialty Vol. 7 (issue 2): 19-23, 2019.
- 8. **S. M. Osailan,** Simple Clinical Scoring System for Dry Mouth, (2015), E.D.J. Vol. 61, No. 1; pp: 1-8
- S Osailan, Challacome, Proctor (2015). Clinical Scoring Scales for Assessment of Dry Mouth (Chapter 8 pp: 119-132) called Dry mouth: a clinical guide on causes, effects and treatment. Editor Guy Carpenter (editor). Publisher Springer-Verlag Berlin Heidelberg (publisher)
- 10. **S Osailan** , T Renton (2013) . Routine Exodontia (chapter in a book called) A clinical Guide to oral Surgery . PP 31-50. BDA books.
- 11. **S Osailan**, R. Pramanik, P. Shirlaw, S. Mason, G.B. Proctor, and S.J Challacombe (2012). Clinical Assessment of oral dryness: development of a scoring system related to salivary flow and mucosal wetness, Oral Surg Oral Med Oral Pathol. 114 (5): 597-603.
- S Osailan, R Pramanik, S Shirodaria, SJ Challacombe, GB Proctor (2011). Investigating the relationship between hyposalivation and mucosal wetness. Oral Dis. 17: 109-114.

- Rashida Pramanik, Samira M. Osailan, Stephen J. Challacombe, David Urquhart, Gordon B. Proctor (2011) Protein and mucin retention on oral mucosal surfaces in dry mouth patients. Eur J Oral Sci. 118 (3): 245-253
- Carpenter GH, Osailan SM, Khosravani N, Ekstrom J, Paterson KL, and Proctor GB (2009) Altered plasticity of the parasympathetic innervation in the recovering rat submandibular gland following extensive atrophy, Experimental Physiology 94: 213-19
- 15. Silver N, Cotroneo E, Proctor GB, **Osailan, SM,** Paterson KL, Carpenter GH **(2008)** Selection of housekeeping genes for gene expression studies in the adult rat submandibular gland under normal, inflamed, atrophic and regenerative states, BMC Molecular Biology, 9, Article no.64
- Correia PN, Carpenter GH, Osailan SM, Paterson KL, Proctor GB, (2008) Acute salivary gland hypofunction in the duct ligation model in the absence of inflammation. Oral Diseases, 14 (6), 520-528.
- 17. Carpenter GH, **Osailan SM**, Correia P, Proctor, GB **(2007)** Rat salivary gland ligation causes reversible secretory hypofunction. Acta Physiol.189 (3); 241-249
- 18. Correia P., Carpenter G.H, Proctor G.B., **Osailan S.M.**, Paterson K.L. (2007). Effects of dexamethasone on rat Submandibular hypofunction in a duct ligation model.
- 19. **S M Osailan**, G B Proctor, M McGurk K L Paterson (2006). Intra-oral duct Ligation without inclusion of the parasympathetic nerve supply induces rat submandibular gland atrophy. Int.J.Exp.Path. 87, 41-48
- SM Osailan, G B Proctor, GH. Carpenter, K L Paterson, M McGurk (2006). Recovery of Rat Submandibular Salivary Gland Function Following Removal of Obstruction: a Sialometrical & Sialochemical Study Int.J.Exp.Path. 87 (6): 411-423.
- 21. Proctor GB, **Osailan SM**, McGurk M **(2005)**. Sialolithiasis. In: The salivary Glands. M McGurk M., Zenk J., Nahleili O. (eds) .
- 22. Makkdisi J., Escudier M.P., Brown J.E., **Osailan S**., Drage N., McGurk M. **(2004)** Glandular function after intraoral removal of salivary calculi from the hilum of the submandibular gland. Br. J. of Oral & Maxillofac Surg 42:538-541

B. Papers Reviewed in ISI Journal

- 1. Paper reviewed. Patient Reported Outcome Measures (PROMs) in Zygomatic Fracture Surgery: What do patients want? . BJOMS-D-23-00460
- 2. Paper reviewed 2023. Comparison Between Coronectomy and Total Odontectomy of Impacted Lower Third Molars. IDENTJ-D-23-00114.
- 3. Paper reviewed 2023. The Qatar World Cup's Impact on Student Concentration and Exam Performance. International Dental Journal . IDENTJ-D-23-00106 .
- 4. Paper reviewed 2021. Surgical treatment of descending necrotising mediastinitis

caused by odontogenic infection: a retrospective analysis of 20 patients. British

Journal of Oral & Maxillofacial Surgery. BJOMS-D-21-00733

- 5. Paper reviewed in 2021 Knowledge and practice of dentists managing patients on antithrombotic medications: Cross-sectional survey. EJD-2021-7-14 (1675)
- 6. Paper reviewed Dec 2020. Meta-analytical evaluation of the analgesia and safety profile of celecoxib versus nonopioid active controls in third molar surgery. BJOMS. Dec 2020
- 7. Risk of cancer in patients with recurrent aphthous stomatitis in korea: a nationwide population-based study. Aug 2020
- 8. A predictive model of the need for conscious sedation of oral surgery patients: a mono-institutional experimental study. Aug 2020
- 9. Salivary cortisol concentration as a measure of sedation on stress during mandibular third molar surgery. June 2020
- sulodexide administration for profilactic of the medicamental jaw's osteonecrosis in rats. March 2020
- 11. Effect of chlorhexidine/benzydamine soaked pharyngeal packing on throat pain and postoperative nausea & vomiting in orthognathic surgery. Feb 2020
- 12. Disorders of microcirculation in the mechanism of bisphosphonate osteonecrosis: preliminary study in rats. bjoms-d-19-00503r1. Nov 2019
- 13. Msx1 is differentially expressed in deepest impacted maxillary third molars. bjoms-d-19-00750. Oct 2019
- Tissue eosinophilia- a predictor of oral squamous cell carcinoma?. bjoms-d-19-00301. Aug 2019 .
- Effect of chlorhexidine/benzydamine soaked pharyngeal packing on throat pain and postoperative nausea & vomiting in orthognathic surgery. bjoms-d-19-00159. May 2019
- 16. Paper reviewed in Mar 2019 The impact of platelet-rich fibrin on mandibular third molar: a systematic review and meta-analysis. BJOMS-D-18-00677
- 17. Paper reviewed in Nov 2018 The impact of platelet-rich fibrin on mandibular third molar: a systematic review and meta-analysis. BJOMS-D-18-00379
- 18. Paper reviewed in Aug 2018. Trigeminocardiac Reflex: sudden severe bradycardia during open reduction for temporomandibular joint dislocation. BJOMS-D-18-00379.

- Paper reviewed in 2017 could artificial neural network estimate postoperative discomfort and incapacity to work after third molar surgery? BJOMS , 2017. BJOMS-D-17-00318
- 20. Paper reviewed in 2012 titled "Involvement of cell proliferation and cell death in atrophy of rat parotid gland induced by liquid diet feeding" Int.J. Exp.Pathol.
- 21. Paper reviewed 2008 titled "DNA methyltransferases expression in odontogenic cycts and tumors". Int.J.Exp.Pathol
- 22. Paper reviewed in 2008 titled " Felling of Dry mouth in relation to whole and minor salivary gland secretion rate by L. Eliasson, Birkhed D, A Carlen. J Oral Biol.
- 23. Paper reviewed in 2007 titled "Bilateral Parotid Duct in Rabbit Model" by O Maria, S Tran, S Maria, E Soussa.in j Oral Pathol Med.
- 24. Paper reviewed in 2007 titled "Immunoexpression of Cyclooxygenase-2 (COX-2) and p53 in Oral Squamous cell carcinoma by JAV Goulart-Filho, CFW Nonaka, MCC Miguel, RA Freitas, HC.Galvao. Int. J. Exp. Pathol.
- 25. Paper reviewed 2006-2007 titeld" Pleomorphic adenoma and adenoid cystic carcinoma: in vitro study of the impact of TGF beta 1 on the expression integrins and cytoskeleton markers of cell differentiation by Lourinco, Silvia INt J Exo Pathol
- 26. Paper reviewed in 2006 titled "Immunohistochemical Expression of matrix metalloproteinases 1, 2 and 9 in odontogenic myxoma and dental papilla" by Cassino N., Marcia M., Leao P. and Lelia S. Int.J.Exp.Pathol.